

c5 inc

134 w 25th st 4th floor
new york ny 10001
212.645.3680
fax.212.645.5025



Export of **QuickTime** picture reference files for use in **Pro Tools**

V11.06.11

BEFORE exporting, please include in your sequence(s)

- Academy leader at the head of each reel:

First frame of leader at 0+00 [01:00:00:00]

'2' of leader with matching **1 frame** audio beep at 9+00 [01:00:06:00]

First Frame of Action at 12+00 [01:00:08:00]

Successive reels with TC start at respective hour, R2AB starts at 02:00:00:00 etc.

- Tail Sync:

A visual frame (usually a '2' or punch hole) exactly 3+00 [00:00:2:00] after the Last Frame of Action for each reel, accompanied by a matching 1 frame audio beep. For example, last frame of picture for the reel occurs at 1693+08, Tail Sync goes at 1696+08

- Visual Burn-in

running 35mm footage counter and timecode [lower third of the screen please]

EXPORT from **Final Cut Pro**

- select sequence in the project bin
- 'File' > 'Export' > 'QuickTime Movie'
- settings:
 - codec: ProRes
 - SIZE: 1280x720
 - Audio and Video
 - Markers: None
 - √ Make Movie Self-Contained
- save file (to local drive to be copied later, or directly to a 'runner' firewire drive)
- test movie by double-clicking on the file in the finder. It should open up in QuickTime Player and look/sound as you're used to seeing/hearing in FCP.

EXPORT from **AVID**

- select sequence in the project bin
- 'File' > 'Export' > 'QuickTime Movie'
- video settings:
 - codec: DNxHD
 - SIZE: 1280x720
 - Framerate: Current
- audio settings:
 - Linear PCM
 - Stereo (L R)
 - Rate: 48kHz
 - Quality: Best
 - Sample Size: 24 bits
- save file (to local drive to be copied later, or directly to a 'runner' firewire drive)
- test movie by double-clicking on the file in the finder. It should open up in QuickTime Player and look/sound as you're used to seeing/hearing in FCP.

NOTE: operating systems are constantly in flux, so if you have additional questions please call